

# **Lentil Penne**

- Complete Protein 21g Protein yer 101g Pertian
- Gluten Free and Vegan
- Low Sodium

NO ARTIFICIAL FLAVORS, COLORS OR PRESERVATIVES



INTRODUCING NEW! LENTIL PENNE

# **Proof and Benefits**

### Lentil Penne, a delicious new way to bring PLANT BASED PROTEIN to menus

### 3 Simple ingredients

- Red Lentil Flour, White Rice, Pea Protein (all sourced from US or Canada)
- No Artificial Flavors, Colors or Preservatives

#### Packed with nutrition

- Complete Protein 21g of protein per 100g serving
- 6g fiber per 100g serving
- Less carbs than traditional pasta

### Meets nearly all dietary restrictions:

- Meets these diets:
  - ✓ Vegan
  - ✓ Vegetarian
  - ✓ Gluten Free
  - ✓ Free of all <u>Big-8 Allergens</u>
- Heart Healthy
  - ✓ Low sodium, low fat, low cholesterol

#### Prepares and holds similarly to traditional pasta (wheat based)

- Works well with double cook technique
- Delicious paired with a wide range of sauces

#### Serving cost comparable or less than animal protein





# Nutritional Benefits vs. Other Proteins

Advantage: BAF Lentil Penne has as much or more protein and fiber than most leading animal and protein alternatives!

## Complete Protein

- Has all 91 essential amino acids
- Sustained energy, good digestion and muscle health

### Nutrient-Dense

- High in Protein
- Good source of fiber
- -Lower fat than many animal proteins

Per 100g Serving		
	Protein	Fiber
BAF Lentil Penne	21g	6g
Chicken Breast	21g	0g
Beef, Ground	19g	0g
Fish, Cod	18g	0g
Gardenburger	8g	5g
Tofu	8g	0.3g

# Ingredient

BAF Lentil Penne has the cleanest label on the market, free from additives like Xanthan Gum and Tapioca that are used as emulsifiers, stabilizers and thickeners.

These additives retain water which results in higher yield



**Ingredients**: Red Lentil Flour, White Rice, Pea Protein



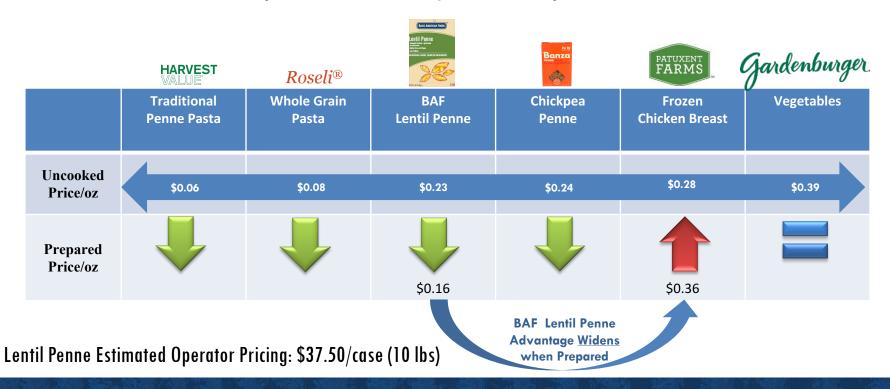
Ingredients: Chickpeas, Tapioca<sup>1</sup>, Pea Protein, Xanthan Gum<sup>2</sup>



Ingredients: Semolina (wheat), durum wheat flour, niacin, iron (ferrous sulfate, thiamine, mononitrate, riboflavin, folic acid

## Lentil Penne is the Best Value

### BAF Lentil Penne is less expensive than leading animal and protein alternatives



# **Availability**

Lentil Penne is available at both major Distributors:

GFS: 1341396

Sysco: 5086341

