



# THERE IS COMFORT IN THE FAMILIAR.

**ALL BUT  
GLUTEN**  
gluten-free

More than 330,000 Canadians are believed to be affected by celiac disease.<sup>†</sup>

Give your guests the wholesome foods they want and great flavours they crave with All But Gluten™ baked goods from Weston Foods Foodservice. Baked in a dedicated gluten-free, nut-free and dairy-free bakery, we use only the best ingredients to deliver on great taste.

**30%**

OF CELIAC DISEASE PATIENTS MAY  
DEVELOP A MALIGNANCY  
(E.G., NON-HODGKIN'S LYMPHOMA).  
ADHERING TO A GLUTEN-FREE DIET  
IS CRITICAL FOR PREVENTIVE PURPOSES.<sup>†</sup>

*A Toast for  
the Health of  
Canadians*



WestonFoods  
FOODSERVICE

Canadian Digestive Health Foundation, 2017

**ALL BUT GLUTEN™**  
gluten-free

Rekindle your love of baked goods.



- Certified gluten-free by the Canadian Celiac Association's Gluten-Free Certification Program
- Available from Broadline Distributors in frozen format - thaw and serve as needed
- Limited portions per case ensures freezer space restrictions and rotations (6-month frozen shelf life)

**ALL BUT GLUTEN™**

PRODUCT CODE	10284	10285	10282	10277	10278	11061	11060
PRODUCT NAME	<b>ABG White Loaf</b>	<b>ABG Whole Grain Loaf</b>	<b>ABG Brownie Tub</b>	<b>ABG Blueberry Muffins</b>	<b>ABG DBL Chocolate Muffins</b>	<b>ABG Hamburger Buns</b>	<b>ABG Hot Dog Buns</b>
PACK SIZE	6 x 500 gr 13 + 2 slices	6 x 600 gr 13 + 2 slices	6 x 560 gr 28/tub	12 x 372 gr 6 packs	12 x 372 gr 6 packs	6 x 380 gr 4/bag	6 x 300 gr 4/bag



**Nutrition Facts**

**ABG White Loaf**  
Serving Size Per 2 slices (71g) Calories 180

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Total Fat 4.5g	7%	Total Carbohydrate 33g	11%
Saturated Fat 1g	5%	Dietary Fiber 4g	16%
Trans Fat 0g		Sugars 2g	
Cholesterol 0mg		Protein 4g	
Sodium 310mg	13%		

Vitamin A/Vitamin A	0%
Vitamin C/Vitamin C	0%
Calcium/Calcium	8%
Iron/Fer	10%
Vitamin E/Vitamin E	4%
Thiamine/Thiamine	10%
Riboflavin/Riboflavine	15%
Niacin/Niacine	10%
Vitamin B6/Vitamin B6	4%
Folate/Folate	30%
Pantothenate/Pantothénate	8%
Phosphorus/Phosphore	4%
Magnesium/Magnésium	4%
Zinc/Zinc	4%
Copper/Cuivre	2%
Manganese/Manganèse	10%
Molybdenum/Molybdène	15%

**Nutrition Facts**

**ABG Hamburger Buns**  
Serving Size Per 1 bun (95g) Calories 250

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Total Fat 5g	8%	Total Carbohydrate 48g	16%
Saturated Fat 1g	5%	Dietary Fiber 6g	24%
Trans Fat 0g		Sugars 4g	
Cholesterol 0mg		Protein 5g	
Sodium 380mg	16%		

Vitamin A/Vitamin A	0%
Vitamin C/Vitamin C	0%
Calcium/Calcium	10%
Iron/Fer	10%
Thiamine/Thiamine	20%
Riboflavin/Riboflavine	20%
Niacin/Niacine	15%
Folate/Folate	20%

**Nutrition Facts**

**ABG Hot Dog Buns**  
Serving Size Per 1 bun (75g) Calories 200

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Total Fat 5g	8%	Total Carbohydrate 37g	12%
Saturated Fat 1g	5%	Dietary Fiber 4g	16%
Trans Fat 0g		Sugars 3g	
Cholesterol 0mg		Protein 4g	
Sodium 290mg	12%		

Vitamin A/Vitamin A	0%
Vitamin C/Vitamin C	0%
Calcium/Calcium	8%
Iron/Fer	8%
Thiamine/Thiamine	15%
Riboflavin/Riboflavine	15%
Niacin/Niacine	10%
Folate/Folate	20%

**Nutrition Facts**

**ABG Whole Grain Loaf**  
Serving Size Per 2 slices (86g) Calories 230

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Total Fat 8g	12%	Total Carbohydrate 37g	12%
Saturated Fat 1g	5%	Dietary Fiber 5g	20%
Trans Fat 0g		Sugars 3g	
Cholesterol 0mg		Protein 6g	
Sodium 360mg	15%		

Vitamin A/Vitamin A	0%
Vitamin C/Vitamin C	0%
Calcium/Calcium	8%
Iron/Fer	10%
Vitamin E/Vitamin E	20%
Thiamine/Thiamine	20%
Riboflavin/Riboflavine	15%
Niacin/Niacine	20%
Vitamin B6/Vitamin B6	10%
Folate/Folate	35%
Pantothenate/Pantothénate	8%
Phosphorus/Phosphore	10%
Magnesium/Magnésium	20%
Zinc/Zinc	8%
Selenium/Sélénium	0%
Copper/Cuivre	10%
Manganese/Manganèse	35%
Molybdenum/Molybdène	25%



**Nutrition Facts**

**ABG Blueberry Muffins**  
Serving Size Per 1 muffin (62g) Calories 230

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Total Fat 9g	14%	Total Carbohydrate 32g	11%
Saturated Fat 1g	5%	Dietary Fiber 1g	4%
Trans Fat 0g		Sugars 17g	
Cholesterol 45mg		Protein 3g	
Sodium 220mg	9%		

Vitamin A/Vitamin A	0%
Vitamin C/Vitamin C	0%
Calcium/Calcium	6%
Iron/Fer	8%
Thiamine/Thiamine	4%
Riboflavin/Riboflavine	6%
Niacin/Niacine	4%
Folate/Folate	15%

**Nutrition Facts**

**ABG DBL Brownie Tub**  
Serving Size Per 2 brownies (40g) Calories 200

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Total Fat 12g	18%	Total Carbohydrate 20g	7%
Saturated Fat 1.5g	8%	Dietary Fiber 1g	4%
Trans Fat 0.1g		Sugars 15g	
Cholesterol 30mg		Protein 2g	
Sodium 55mg	2%		

Vitamin A/Vitamin A	0%
Vitamin C/Vitamin C	0%
Calcium/Calcium	0%
Iron/Fer	10%

**Nutrition Facts**

**ABG DBL Chocolate Muffins**  
Serving Size Per 1 muffin (62g) Calories 260

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Total Fat 13g	20%	Total Carbohydrate 33g	11%
Saturated Fat 2g	10%	Dietary Fiber 1g	4%
Trans Fat 0g		Sugars 20g	
Cholesterol 35mg		Protein 4g	
Sodium 310mg	13%		

Vitamin A/Vitamin A	0%
Vitamin C/Vitamin C	0%
Calcium/Calcium	4%
Iron/Fer	20%
Thiamine/Thiamine	2%
Riboflavin/Riboflavine	15%
Niacin/Niacine	10%
Folate/Folate	25%



Visit [WestonFoodservice.com](http://WestonFoodservice.com) for more information.

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