OLYMEL SOLUTIONS FOOD SERVICE

# CHICKEN BREAST PIECES TEMPURA STYLE



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# **BENEFITS**

- IQF individually quick frozen to facilitate portion control
- Full muscle
- · White meat
- Stays crisp when sauced
- Back of house look and taste
- Parfried in non-hydrogenated oil

# **PREPARATION**

#### FRYER

Deep fry 4 to 5 minutes at 175 °C (375 °F) until it reaches an internal temperature of 74 °C (165 °F).

## CONVECTION OVEN

Place on a baking sheet and cook 18 to 22 minutes at 218 °C (425 °F) until it reaches an internal temperature of 74 °C (165 °F).

## **INGREDIENTS**

Chicken breast pieces, water, wheat flour, corn starch, toasted wheat crumbs, canola oil, rice starch, salt, sodium phosphate, baking powder, modified palm oil. Contains: wheat. May contain: soy, milk, eggs.

#### ALLERGENS

Contains: wheat. May contain: soy, milk, eggs. Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley, oat, rye, triticale, wheat)

<b>Nutrition Facts</b> per 8 pieces (100 g)			
Amount	% Daily Value		
Calories 220			
<b>Fat</b> 11 g	17 %		
Saturated 1 g + Trans 0 g	5 %		
Cholesterol 35 mg			
Sodium 350 mg	15 %		
Carbohydrate 18 g	6 %		
Fibre 1 g	4 %		
<b>Sugar</b> 0 g			
<b>Protein</b> 13 g			
Vitamin A	4 %		
Vitamin C	0 %		
Calcium	6 %		

Description	Code	Code Dist.	Units / case	Format	Shelf life
Chicken Breast Pieces Tempura Style	701–1095		240 to 360	2 x 2 kg	365 days at -18 °C

# YOU WILL ALSO LIKE

Iron



Parfried Fried



#97114 Braised Pork Shanks Fully cooked, 24 units / case



#806-8448 Chicken Thighs Boneless, skinless, 2 x 2.5 kg

The information shown in this leaflet is for informational purposes and may be subject to change without prior notice. Please refer to your representative for the most recent update.





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