

May 24, 2018

**PSNM Monthly Meeting
Held at Villa Capital, Vancouver**

Attendees:

Associate Members:

Willie Woo, Nestle Rep
Karen, Nestle Rep
Ed Schmidt, Nestle Rep (for over 30 yrs.)

Regular Members:

Maria Chelini, Gloria Moorhouse, Stella Buttner, Diane Cox

Regrets:

Old Business:

New Business:

1. Dinner was hosted by Nestle, "CARLA'S PASTA" a new line of pasta now available for Health care.
Willie provided a video presentation of the history of CARLA'S PASTA called "A Love Story".

Dinner included delicious samples of CARLA'S PASTA and a variety of ways to introduce pasta, such as in a soup consisting of a light chicken broth and in salads. Quattro Formaggi Florentine, CARLA'S Roasted Mushroom pasta, CARLA'S Shrimp Scampi, CARLA'S Tutti Formaggi (6 cheese), CARLA'S Beet and Goat Cheese Pacchetti were cooked and catered by Willie and Karen.

These are available to order from Sysco and a special order from GFS.

2. A salad variation with Salad and pasta, very nice for the summer months! Served after the main course (traditional Italian style)
3. Refreshments included Infused Water (**Nestle Vitality Flavour Infused Waters**); Strawberry Basil Flavoured Water and Cucumber Mint Flavoured Water; these are concentrates that fit Vitality Dispensing Machines and are available at both Sysco and GFS for order. Very nice way to keep our residents hydrated, that is low in calories, no artificial flavours, and no preservatives as well as very cost effective.
4. Dessert was delicious Haagen-Dazs ice cream bars.
5. Nestle provided a "Generous" box of CARLA'S PASTA samples to all members who attended meeting. Thank you!!
6. Gas Card Draw: Congratulations Stella Buttner

Roundtable Discussion: During Dinner

1. Traditional white colored pasta vs. new green/orange pasta's is more accepted by older generation residents
2. Consumption of juice vs. water, introducing infused water in jugs "all dressed" (cucumber slices with mint or sliced whole or sliced strawberries with basil) may be better received by residents, rather than "non-dressed" infused/flavoured water
3. Water Dispenser's being left out and available? Is there cause for concern of aspiration for any thickened fluid residents?

Next meeting: To Be Announced